

P.L.A.Y in the Early Years

Name: _____

Presentation Notes

(I know your eating dinner... but just incase you need to jot something down!)

Things I already knew...	Things I found interesting...

P.L.A.Y in the Early Years

Name: _____

Belonging – Throwing / Catching Activity

Name of activity:

Objective of activity:

Equipment Needed & Songs to Listen to:

How to Play:

How to make the game easier:

How to make the game harder:

How is your game physically literate? How does it relate to the highlighted foundation of learning?

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Name: _____

Wellbeing – Running / Locomotor Activity

Name of activity:

Objective of activity:

Equipment Needed & Songs to Listen to:

How to Play:

How to make the game easier:

How to make the game harder:

How is your game physically literate? How does it relate to the highlighted foundation of learning?

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Name: _____

Expression – Coordination / Balance Activity

Name of activity:

Objective of activity:

Equipment Needed & Songs to Listen to:

How to Play:

How to make the game easier:

How to make the game harder:

How is your game physically literate? How does it relate to the highlighted foundation of learning?

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Name: _____

Wellbeing – Running / Locomotor Activity

Name of activity:

Objective of activity:

Equipment Needed & Songs to Listen to:

How to Play:

How to make the game easier:

How to make the game harder:

How is your game physically literate? How does it relate to the highlighted foundation of learning?

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What did you learn?

What is something new you learned about physical literacy?

What is 1-2 new activities you are going to try in order to improve your own physical literacy skills? Where can you do this activity in your community/ neighbourhood?

How would you convince a colleague that they should incorporate more physically literate programming into their programming?

Let me know how you're doing or send me pictures of your activities at your center!
molly.nthdsportscouncil@gmail.com